

**2023**

**ANATOMY AND PHYSIOLOGY**

**Paper : CC-102**

**Full Marks : 70**

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own words  
as far as practicable.*

1. Define Tissue and classify epithelium tissue with proper example. Write the function of connective tissue. 2+8+5

*Or,*

Write the functions of skeletal system. Classify synovial joint with proper example. Specify the movements around the shoulder joint. 3+9+3

2. Mention the characteristics of muscular tissue. Describe the minute structure of skeletal muscle with diagram. 5+10

*Or,*

What is energy metabolism? How is energy produced during aerobic and anaerobic sports events? 5+10

3. What is Hormone? Mention the location of Thyroid gland and Adrenal gland. Write the functions of Thyroxin, Adrenalin and Insulin hormones. 2+4+9

*Or,*

What is a neuromuscular junction? Draw a diagram of a Neuron and label it. Write the functions of Central Nervous system. 3+6+6

4. Write notes on the following (*any two*) : 7½×2
- (a) Effect of exercise on respiratory system
  - (b) Effect of exercise on muscular system
  - (c) Type of muscular contraction
  - (d) Effect of exercise on circulatory system.

**Please Turn Over**

5. Answer the following questions by selecting the correct option and writing it on your answer script  
(any ten) : 1×10

- (a) Power house of the cell is
- |               |                    |
|---------------|--------------------|
| (i) Lysosome  | (ii) Ribosome      |
| (iii) Nucleus | (iv) Mitochondria. |
- (b) The function of Ribosome is
- |                           |                            |
|---------------------------|----------------------------|
| (i) Cell division         | (ii) Transport stimuli     |
| (iii) Releasing $Ca^{++}$ | (iv) Synthesis of protein. |
- (c) Blood is an example of
- |                       |                        |
|-----------------------|------------------------|
| (i) Connective tissue | (ii) Epithelium tissue |
| (iii) Nervous tissue  | (iv) Muscular tissue.  |
- (d) An example of long bone is
- |             |               |
|-------------|---------------|
| (i) Patella | (ii) Skull    |
| (iii) Atlas | (iv) Humerus. |
- (e) Lipase, an enzyme, helps to digest
- |                  |                     |
|------------------|---------------------|
| (i) Carbohydrate | (ii) Protein        |
| (iii) Fat        | (iv) None of these. |
- (f) The blood vessel carrying oxygenated blood from the lungs to the heart is
- |                          |                     |
|--------------------------|---------------------|
| (i) Pulmonary Aorta      | (ii) Pulmonary Vein |
| (iii) Superior Vena cava | (iv) Aorta.         |
- (g) The nutrient normally used to produce energy by the cell is
- |                |                  |
|----------------|------------------|
| (i) Glucose    | (ii) Amino acids |
| (iii) Glycerol | (iv) Fatty acid. |
- (h) The muscle actively involved in respiratory process is
- |                 |                     |
|-----------------|---------------------|
| (i) Hamstring   | (ii) Biceps         |
| (iii) Diaphragm | (iv) None of these. |
- (i) In isometric contraction muscle length :
- |                 |                     |
|-----------------|---------------------|
| (i) Shortens    | (ii) Remains same   |
| (iii) Lengthens | (iv) None of these. |
- (j) An example of aerobic activity is
- |                     |                     |
|---------------------|---------------------|
| (i) 100 m Sprint    | (ii) 10000 m Run    |
| (iii) 110 m Hurdles | (iv) 4×100 m Relay. |

(k) Cardiac Output is

(i)  $SV \times TV$

(ii)  $SV \times HR$

(iii)  $MV \times HR$

(iv) None of these.

(l) The average value of Tidal Volume is

(i) 250 ml

(ii) 500 ml

(iii) 1000 ml

(iv) None of these.

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