



STATE INSTITUTE OF PHYSICAL EDUCATION FOR WOMEN

HASTINGS HOUSE, ALIPORE, KOLKATA

9th PHYSICAL EDUCATION WEEK - 2023

INVITATION



Dear Sir/Madam,

State Institute of Physical Education for Women, Hastings House, Alipore, Kolkata with the great pleasure and honor invites you to 9th Physical Education Week 2023 which is going to be held on and from January 12 January to 18 January, 2023 with the highlight of 160th Birth Anniversary of Swami Vivekananda at the college premises.

A Number of eminent personalities from Education, Physical Education and Sports Science are expected to be present in the august gathering.

On behalf of the organizing committee, we welcome to you to witness in the week long activities to exchange your ideas, views and experiences on the occasion of 9th Physical Education Week - 2023.

Dr. Somshankar Chatterjee
Assistant Professor
Convener
Physical Education Week 2023

Dr. Pintu Sil
Officer-in-Charge
S.I.P.E.W.
Hastings House, Kolkata

9th PHYSICAL EDUCATION WEEK - 2023



PROGRAMME

DAY-1:12/01/23 (THURSDAY)

**CELEBRATION OF SWAMI VIVEKANANDA BIRTHDAY
AS "NATIONAL YOUTH DAY"**

8.00 A.M.: Road rally with the image of **Swami Vivekananda**.

11.00 AM: Speech on life & works of Swami Vivekananda:
Speaker - Prof. Dilip Kumar Bandopadhyay (Retd. Prof.), Dept.
of Physical Education, Kalyani University.

Honorable Guest: Prof. Pratip Kumar Chaudhuri, Former D.P.I.,
Govt. of W.B., Ex Teacher SIPEW.

11.30 AM: Speech Competition on "Swami Vivekananda and
youth affaires" for SIPEW Students.

Convener of the Programme:

Dr. Lakshmi Narayan Kaibarta, Assistant Professor, S.I.P.E.W.



DAY-2: 13/01/23 (FRIDAY)

HEALTH AWARENESS AND THALASSEMIA PREVENTION CAMP

11.00 AM: Speech on 'Importance of Thalassemia Test'
Speakers- Dr. Pinaki Sen Sharma & Dr. Pubali Chakraborty,
Medical Officers.

12.00 PM: Thalassemia Prevention Camp for students. Serum
Thalassemia Prevention Federation, Kolkata

Convener of the Programme:

Dr. Subhra Basak, Assistant Professor, S.I.P.E.W.



DAY-3:14/01/23 (SATURDAY)

RE-UNION DAY FOR ALUMNI OF SIPEW

12.00 PM: Registration

**12.30 PM: Welcome reception to alumni and Guests,
Introductory ceremony & award distribution**

**1.30 PM: Inauguration of New Library by [Dr. A.N.Dey](#), Director,
SOE, NSOU, Former A.D.P.I., Govt. of W.B, Former Principal
SIPEW & PGGIPE.**

**Inauguration of Alumni Association Room by [Smt. Bani
Mukherjee](#), Former OIC of SIPEW and Alumni.**

1.45 PM: General Body Meeting

**2.00 PM: Outdoor Activities; (i) Exhibition Volleyball match
between Alumni & Present students.**

**3.30 PM: Cultural Programme by the Alumni and present
students.**

4.30 PM: Closing Ceremony.

Convener of the Programme:

[Dr. Putul Mandal](#), Associate Professor, S.I.P.E.W.



DAY-5:16/01/23 (MONDAY) :

ZUMBA DANCE WORKSHOP

**8.30 AM Onwards: Assembly, Warm-up activities & Training
Session. Experts of the Workshop: [Dr. Bidya Roy](#), Assistant
Professor & Zumba Expert, N.B.S.M., Bishnupur**

Convener of the Programme:

[Dr. Uma Datta](#), Associate Professor, S.I.P.E.W.





DAY-6: 17/01/23 (TUESDAY)

PROJECT ATHLETIC MEET

11.30 AM: Opening Ceremony, Flag Hoisting, March past, Torch lighting, Opening of the Meet, Oath taking, Chief Guest speech, March Out

Chief Guest: Mr. Shankar Biswas, Former National Champion, Javelin Throw.

Guests of Honor:

Mr. Prosenjit Ghosh, S.D.O, Alipore Sadar , President GB.

Prof. Krishna Roy, Ex Principal , Bethune College & S.N.G.G.D.C.G. Alipore, Former J.D.P.I.

Mrs. Debolina Biswas, Chairperson Borough 9, K.M.C. G.B.Member, SIPEW

12.15 PM : Competitions on selected Track & Field Events,

2.30 PM : Medal & certificates distribution, Announcement of Champion House.

3.00 PM : Flag down & closing ceremony.

Conveners of the Programme:

Dr. Rajarshi Kar, Assistant Professor, S.I.P.E.W.

Dr. Pallob Kumar Mondal, Assistant Professor, S.I.P.E.W.





DAY-7: 18/01/23 (WEDNESDAY)

PLAY DAY FOR THE SCHOOL CHILDREN

**Chief Guest : Dr. Shyamal Mazumder, Principal, GPECW
Hooghly, former Principal SIPEW**

Honourable Guests :

**Prof. Parimal Debnath (Retd.)Dept. of Physical Education,
Jadavpur University.**

**Dr. Malay Kumar Mukhopadhyay, OSD (P.E) Govt. of
W.B., Assistant Professor, P.G.G.I.P.E.,Banipur**

**12.00 PM : Assembly of the school children & Introduction of
Play Day programme.**

12.30 PM: Distribution of students in different play houses

**12.45 PM: Active participation in joyful play activities and
games.**

2.00 PM: Closing ceremony.

Convener of the Programme:

Dr. Karuna Sana, Assistant Professor, S.I.P.E.W.





Hastings House — (Alipore) — Calcutta.



HASTING'S HOUSE CALCUTTA. No. 91

BOURNE & SHEPHERD